



JULY 2024





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Canada Day	2	3	4	5	6
<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Resident Led Cards (C)</p> <p>11:00AM-5:00PM Canada Day Live Streamed from Olympic Plaza-Calgary (RR)</p> <p>6:00PM "A Family Affair" -Netflix (RR)</p>	<p>10:00AM VON Exercise (RR)</p> <p>11:00AM July Calendar Meeting (RR)</p> <p>1:00PM Bingo (RR)</p> <p>3:00PM Giant Tiger (VO)</p> <p>6:00PM "Saving Hope Season 1 Episode 1+2" -Netflix (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Bingo (RR)</p> <p>1:00PM Outdoor Walk with Debbie (L)</p> <p>1:30PM DrumFit (RR)</p> <p>2:30PM Dairy Queen Ice Cream Takeout + Hangman Game (L)</p>	<p>10:00AM VON Exercise (RR)</p> <p>11:00AM Summer Door Hanger Craft (C)</p> <p>1:00PM Book Club with Debbie (C)</p> <p>1:30PM Shoppers Drug Mart (VO)</p> <p>3:00PM Elimination (C)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Bingo (RR)</p> <p>1:00PM DrumFit (RR)</p> <p>Until 1:00PM Midland Pop-Up Library (RR)</p> <p>2:00PM Resident Led Games Tables (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>Boredom Busters </p> <p>2:00PM Resident Led Cards + Games (RR)</p> <p>6:00PM "Rust Valley Restorers:" Season 2 Episode 1 -Netflix (RR)</p>



JULY 2024






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
<p>10:00AM St. Paul's Midland Church Service on Big Screen (RR)</p> <p>2:00PM "The Martian" -Netflix (RR)</p>  <p>6:00PM "Saving Hope Season 1 Episode 3 + 4" -Netflix (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Bingo (RR)</p> <p>1:00PM Farewell Thomas Gathering (L)</p> <p>3:00PM Pet Therapy (P)</p> <p>6:00PM "The Age of Adeline" -Netflix (RR)</p>	<p>10:00AM VON Exercise (RR)</p> <p>11:00AM Questions Social on the Back Patio (BP) *Meet on 1st Floor to Access*</p> <p>1:00PM Dollarama (VO)</p> <p>3:00PM Chaplain Pat Church Service (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Sing-Along Hour (RR)</p> <p>11:45AM Dock Lunch Outing (VO)</p> <p>1:00PM Outdoor Walk with Debbie (L)</p> <p>1:30PM-2:30PM Tuck Shop (RR)</p>	<p>10:00AM VON Exercise (RR)</p> <p>11:00AM Elimination (C)</p> <p>1:00PM Bingo (RR)</p> <p>3:00PM Happy Hour + Hangman Game (L)</p> <p>6:00PM "Saving Hope Season 1 Episode 5 + 6" -Netflix (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Bingo (RR)</p> <p>1:00PM DrumFit (RR)</p> <p>2:00PM Wyevale Ice Cream Outing (VO)</p> <p>6:00PM "Black Barbie" -Netflix (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>Boredom Busters</p> <p>2:00PM Resident Led Cards + Games (RR)</p>  <p>6:00PM "Awakenings" -Netflix (RR)</p>



JULY 2024








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18 Western Day	19	20
<p>10:00AM St. Paul's Midland Church Service on Big Screen (RR)</p>  <p>2:00PM "Saving Hope Season 1 Episode 7 + 8" -Netflix (RR)</p> <p>6:00PM "Land of Bad" -Netflix (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Bingo (RR)</p> <p>1:00PM-3:00PM Walmart (VO)</p> <p>3:00PM Pet Therapy (P)</p> <p>3:30PM DrumFit (RR)</p> <p>6:00PM "Jason Bourne" -Netflix (RR)</p>	<p>*Foot Care* 10:00AM VON Exercise (RR)</p> <p>11:00AM Discover Nelson Mandella (RR)</p> <p>1:00PM Bingo (RR)</p> <p>3:00PM "Testament: The Moses Story" -Netflix (RR)</p> <p>6:00PM "Home Team" -Netflix (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Mandatory Observed Fire Drill (Lodge Wide) </p> <p>1:00PM Outdoor Walk with Debbie (L)</p> <p>1:30PM Big Rock Acrez Petting Zoo \$4.00pp. (VO)</p>	<p>10:00AM VON Exercise (RR)</p> <p>11:00AM Western Craft (C)</p> <p>1:30PM Live Country Music with David Corey (RR)</p> <p>3:00PM DrumFit (RR)</p> <p>6:00PM "Saving Hope Season 1 Episode 9 + 10" -Netflix (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Bingo with Eva (RR)</p> <p>1:00PM DrumFit (RR) </p> <p>2:00PM Resident Led Connect Four (C)</p> <p>6:30PM Elimination (C)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>Boredom Busters</p> <p>1:00PM Hairdresser (S)</p> <p>2:00PM Resident Led Cards + Games (RR)</p> <p>6:00PM "Morning Glory" -Netflix (RR)</p>



JULY 2024




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25 Blue Jays Day	26 Summer Olympics Begin	27
<p>10:00AM St. Paul's Midland Church Service on Big Screen (RR)</p> <p>3:30PM-4:00PM Chaplain Pat: Rosary + Communion (RR)</p>  <p>6:00PM "As Good As It Gets" -Netflix (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Bingo (RR)</p> <p>1:00PM Giant Tiger (VO)</p>  <p>3:00PM Pet Therapy (P)</p> <p>3:30PM DrumFit (RR)</p>	<p>10:00AM VON Exercise (RR)</p> <p>11:00AM Elimination (C)</p> <p>12:00pm Picnic Lunch in Little Lake Park (VO)</p> <p>1:00PM Bingo (RR)</p> <p>3:00PM Chaplain Pat Church Service (RR)</p>	<p>10:00AM Keeping Fit (RR)</p>  <p>10:30AM Resident Food + Council Meeting (RR)</p> <p>1:00PM Outdoor Walk with Debbie (L)</p> <p>2:00PM Touch the Truck- Fire Truck Visit (P)</p>	<p>10:00AM VON Exercise (RR)</p> <p>11:00AM Baseball Jeopardy (RR)</p> <p>12:00PM Blue Jays Themed Lunch (DR)</p> <p>1:00PM DrumFit (RR)</p> <p>2:00PM Winners (VO)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Bingo with Eva (RR)</p> <p>1:30PM 2024 Summer Olympics Opening- Live Streamed (RR)</p>  <p>6:00PM "The Breakfast Club" -Netflix (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>Boredom Busters</p> <p>1:30PM King's Wharf Theatre- Steel Magnolias (VO)</p>  <p>2:00PM Resident Led Cards (C)</p>



JULY 2024



Sunday	Monday	Tuesday	Wednesday	<u>LEGEND</u>
28	29	30	31	
<p>10:00AM St. Paul's Midland Church Service on Big Screen (RR)</p> <p>2:00PM "Madeline" -Netflix (RR)</p>  <p>6:00PM "A Day in the Life: Fred Hacker" -RogersTV (RR)</p>	<p>10:00AM Keeping Fit (RR)</p> <p>10:30AM Bingo (RR)</p> <p>B I N G O</p> <p>12:00PM Paris 2024 Olympic Lunch (DR)</p> <p>1:00PM Discover the Olympics (RR)</p> <p>3:00PM Pet Therapy (P)</p>	<p>10:00AM VON Exercise (RR)</p> <p>11:00AM Diversity Cafe: Tibetan Heritage Month (RR)</p> <p>★★★★★</p> <p>1:00PM DrumFit (RR)</p> <p>1:30PM Delta Bingo + Gaming (VO)</p> <p>6:00PM "Purple Hearts" -Netflix (RR)</p>	<p>9:30AM Keeping Fit (RR)</p> <p>10:00AM Hear Well Be Well + Optician (RR)</p> <p>10:30AM Elimination with Eva (C)</p> <p>1:00PM Outdoor Walk with Debbie (L)</p> <p>2:00PM Travel the World Day: France (RR)</p>	<p>(RR) Roberta Room 1st Floor</p> <p>(C) Cafe 1st Floor</p> <p>(BP) Back Patio 1st Floor *Must Be With Jessica to Access*</p> <p>(S) Spa Room 1st Floor</p> <p>(L) Lounge 2nd Floor</p> <p>(DR) Dining Room 2nd Floor</p> <p>(VO) Van Outing</p>



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